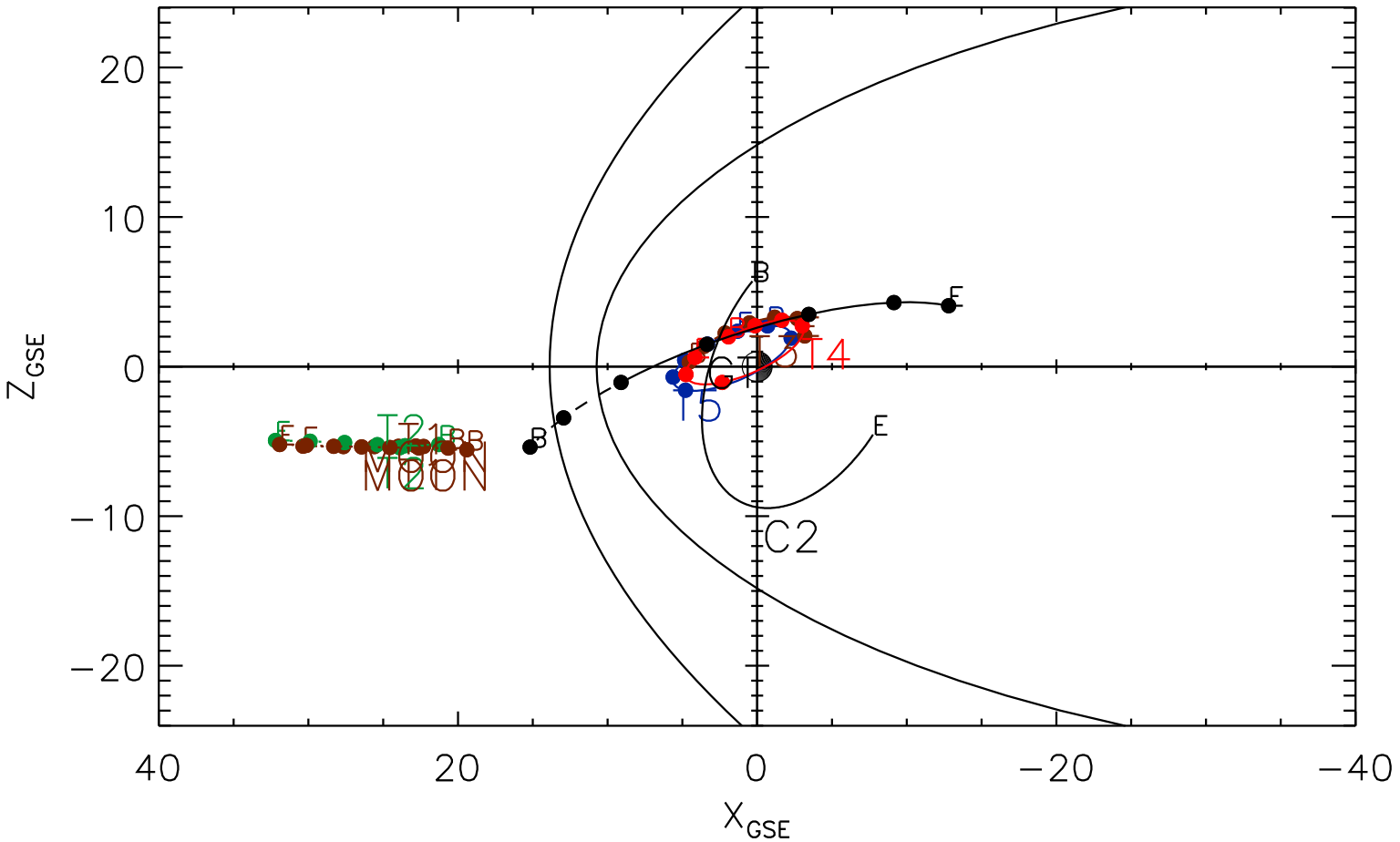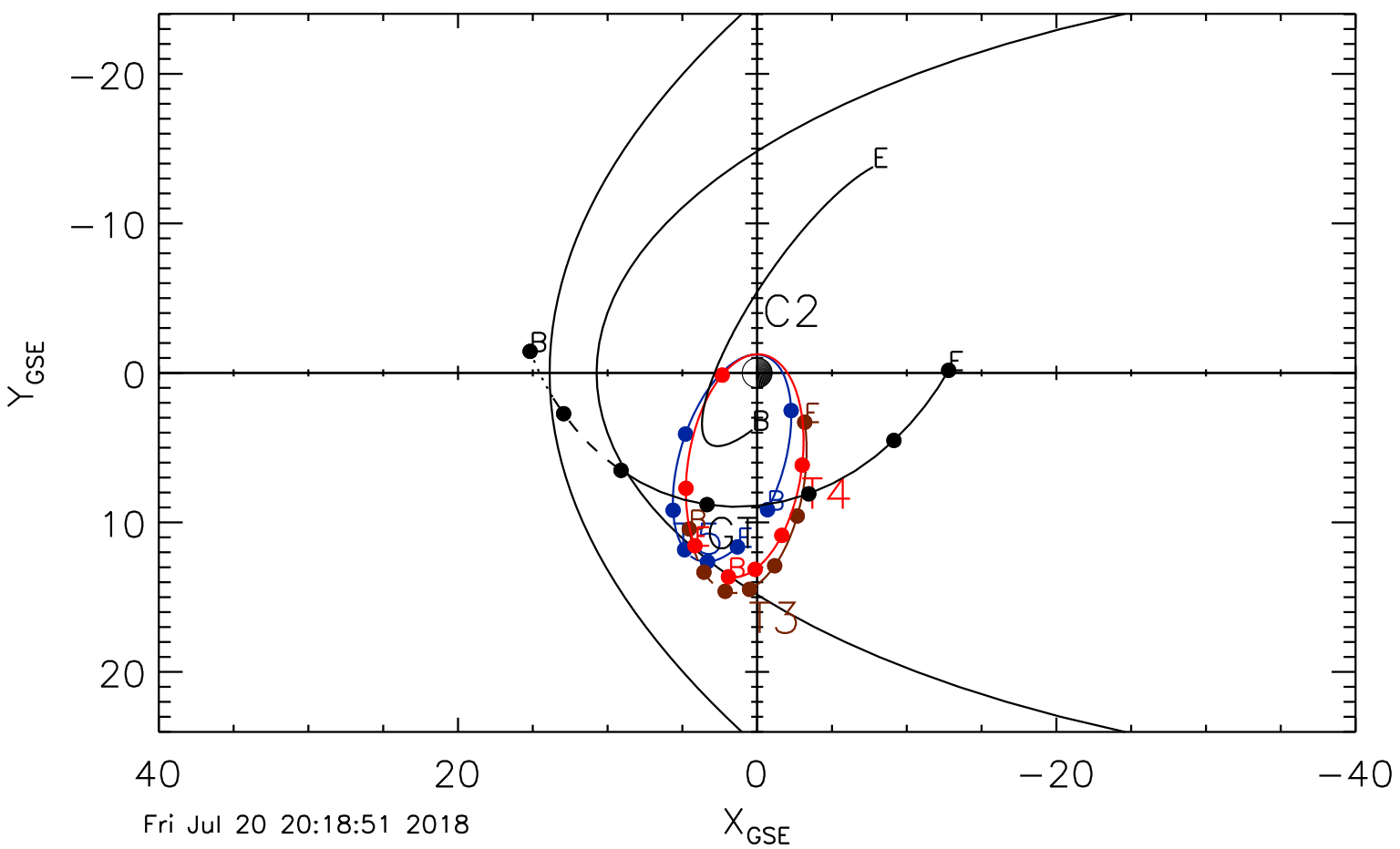18 189 (07/08) 00:00 UT to 18 190 (07/09) 00:00 UT